

SUMMARY OF PENALTIES

O, OFFICIALS' SIGNALS (SEE PAGES 55-59) WITH THE NUMBERS REFERRING TO THE NUMBERED ILLUSTRATIONS:

R, RULINGS; S, SECTION; A, ARTICLE; P, PAGE

Loss of 5 Yards

	O	R	S	A	P
Illegal forward pass by Team A or B (if by A, the down counts).....	13	7	4	2	34
Invalid fair catch	26	6	5	5	31
Excess time-out illegally used or requested	6	3	3	5	20
Illegal Delay of Game	6	3	4	2	20
Putting ball in play before declared ready-for-play	2	3	4	2	20
Infraction of free kick formation	1	6	1	2	28
Illegal snap	2	7	1	2	32
Infraction of scrimmage formation	1	7	1	2	32
Interference with opponents or the ball	14	7	1	2	32
Offensive player illegally in motion at the snap	3	7	1	2	33
False start or simulating start of the play	2	7	1	2	32
Player on line receiving snap	2	7	1	2	33
Illegally handing ball forward (also loss of down if by Team A)	13	7	2	1	33
Intentionally ground pass (also loss of a down)	12	7	4	2	34
Illegal kick	15	6	3	1	29
Illegal shift	3	7	1	2	33
Interlocked Interference	7	9	4	3	42
Helping the Runner	17	9	4	1	42
Defensive holding (Except Ball Carrier)	11	9	4	9	43

Loss of 10 Yards

Team not ready to play at start of either half	6	3	4	1	20
Interference with opportunity to catch a kick	14	6	4	1	31
Offensive forward pass interference (also the down counts if by A)	14	7	4	7	35
Striking, kicking, kneeling, elbowing, etc.	10	9	1	1	40
Meeting with knees, striking with open hand, etc.	7	9	1	1	40
Roughing the kicker or holder (also 1st down)	9	9	1	1	40
Hurdling	6	9	3	1	41
Tripping	7	9	3	1	41
Running into opponent	7	9	3	1	41
Roughing the passer (also 1st down)	7	9	3	1	41
Clipping	8	9	3	1	41
Illegal use of hand or arm by offense	11	9	4	2	42
Protecting flags	7	9	4	5	42
Illegal removal of flag	10	9	1	2	40
Obstructing ball carrier	7	9	4	6	42

Loss of 15 Yards

Unsportsmanlike conduct	10	9	1	2	40
Persons Illegally on the field	10	9	1	2	40

OFFENDED TEAM'S BALL AT SPOT OF FOUL

	O	R	S	A	P
Defensive Pass Interference	14	7	4	7	35
Violation					
Illegally Kicking a ball	15	9	5	5	43
Illegal participation	4	9	5	1	43
Illegal touching a free kick by kicking team					
(offended team's ball at spot)	15	6	1	4	28
Illegal touching of scrimmage kick	15	6	3	6	30
Loss of half distance to goal line					
if distance penalty exceeds half the distance		10	5	1	45