

## NOTES

The following are rule changes called to your attention:

1. Playing fields 100 yards, including end zones. Page 3
2. Four fifteen minute quarters. Page 17
3. Soft caps are legal. Page 7
4. No downfield blocking. No cross body blocking any time. Page 9, 41
5. Offensive and defensive players (except center) may take any stance. Snapper must snap back between legs, facing downfield. Page 13, 32
6. Defensive players must remain one yard off the ball (neutral zone) until ball is snapped. Page 13
7. Defensive player may leave his feet to secure a flag. Page 13
8. Ball carrier may not run into defensive player (charging) 10 yards. Page 41
9. See rule book on overtime. Page 18, 38
10. Two minute warning. Page 19
11. Backward pass, if goes past receiver ball is dead where hits ground. Page 22, 34
12. No rushing kicker. Page 29
13. All players are eligible. Page 34
14. Receivers must have both feet in bounds for legal catch. Page 35
15. Fourth down incomplete pass into end zone inside 20 yard line, ball goes back to previous spot. Page 35
16. Ball is placed where flags are pulled, even though ball breaks plane, flags must cross goal line. Page 22, 25
17. Pass interference: If by A 10 yards and down counts, if by B first down for A at spot of foul, if in B end zone, first down on one yard line. Page 35
18. Four men, must be on line of scrimmage. Page 32
19. All defensive holding except on the ball carrier shall be a FIVE YARD penalty and a new series (FIRST DOWN) Official should note that some grabbing and pushing does go on at the line of scrimmage, HOLDING OF THE BALL CARRIER is different and is covered in our rules. Page 43
20. See Rule and Player loses his flag. Page 35, 46
21. Team area shall be between the 20 yard lines. Page 3, 6
22. All flags must be USFFA approved same length Flag-A-Tag Flags. Page 7
23. Kick-Off that goes out of bounds spotted as per rule. Page 29
24. Players not wearing belts and flags. Page 7, 20, 21, 35, 46